



IDM 2023



International German Championship 2023

Forms, Self-Defense, Breaking, Pointfighting, Lightcontact, Kick-Light, KI Rules, Grappling, MMA

Organizer / Promoter: WFMC Germany, TuS Leverkusen Rheindorf 1892 e.V.
Tournament Committee: Baki Hoxhaj, Isa Akkus, Marcel Pino, Ghizlan Elaazri, Selahattin Güsel, Björn Lukas
Information: E-Mail: baki.ho@web.de / Tel. +49 (0)163-3663004
Ort: Deichtorstr 2 / 51371 Leverkusen



Date: 23.09.2023

Start Authorization: **This tournament is open for all organizations, Gyms, Clubs und athletes.**
(with valid sports pass, If not can be purchased suburb)

Kids and Juniors under 18 years age need a consent form from their parents.
The clubs / gym leaders assure with the registration that for all fighters under 18 years one Consent of the legal guardian to participate in this tournament.



Medical Certificate: Is mandatory and may not be older than 1 year.

Registration : / Weight Scale On day of the tournament from 08:00 – 09:30 o'clock
Opening, and setting up of fighters: 10:00 o'clock.
Rules-Meeting: 10:15 – 10.30 o'clock.
Begin of Pre-Fights: at 10.45 o'clock.

Start fee: Kids / Juniors / Adults 35 € - every further start 30 € (After-Registration on place 50 €)
(Team Forms 50€ / Grand Champion 50 € / Team Fight -Point Fighting 60 €)

Spectators: Adults up 16yrs. 10€ / Juniors 11-16yrs. 5€ / Kids under 10yrs. free entry.

Pre-Registration: **until 20.09.2023**

Competition Rules: WFMC Reglement

Prices: 1st place super ***Champions belt*** and certificate --- **for all first placed** ---
2nd Place Medal and Certificate / 2 x 3rd Place Medal and Certificate



Fight Times:

Kids, Cadets

PF, LC,	Prefight: 1 x 2 minutes	Final: 1 x 2 minutes
Kick Light	Prefight: 1 x 2 minutes	Final: 1 x 2 minutes
K I Style	Prefight: 2 x 1,5 minutes	Final: 2 x 1,5 minutes
Grappling	Prefight: 1 x 4 minutes	Final: 1 x 4 minutes

Adult, Juniors:

PF, LC,	Prefight: 1 x 2 minutes	Final: 1 x 2 minutes
Kick Light	Prefight: 1 x 2 minutes	Final: 1 x 2 minutes
KI Style	Prefight: 2 x 2 minutes	Final: 2 x 2 minutes
Grappling / MMA	Prefight: 1 x 5 minutes	Final: 1 x 5 minutes

Referees: Pre-Registration for Referees until 20.09.2023
The referees are paid according to WFMC conditions. The Paying is just after the end of the categories. An earlier paying is not available.

Clothing: (Referees) Men: black pants WFMC Polo- Shirt, sports shoes.
Women: black pants, WFMC Polo- Shirt, sports shoes.

Liability: The organizers and the organizers assume no liability whatsoever.
Each participant starts on their own responsibility.

Equipment:

- **Forms:** suit according to breastfeeding, soft shoes possible,
- **Point-fighting:** T-shirt, long trousers, head protection, mouth protection, low protection, shin protection, foot protection, 10 Oz. Gloves or open gloves: fingers and thumbs must be covered
- **Light-contact:** T-shirt, long trousers, head protection, mouth protection, low protection, shin protection, foot protection, Gloves 10 oz,
- **Kick Light:** T-shirt, Thai pants, 10 oz. Gloves, head protection, mouth protection, Protection, shin / tension protection.
- **K-I Rules** Upper body free, Thai pants, 10 oz. Gloves, head protection, mouth protection, Protection, shin / tension protecti
- **Grappling:** Rushguard Shirts, Grappling pants,
- **MMA Amateur:** Free upper body, MMA pants, 06oz gloves, mouth guard, groin guard, Shin instep guard.

(*Ladies and female juniors: breast protection is mandatory. Female children recommended*)

We kindly ask athletes, carers, campers and the officials in the sports hall to wearing sport shoes with white sole.
Per 5 athletes per club 1 Co-Trainer.

Classes / Gewichtsklassen and Disciplines / Kategorien:

Pointfighting Point fighting Female Kids 7-11 years Mix Bambino to 6 years classification on site 01. -25kg 02. -30kg 03. -35kg 04. -40kg 05. +40kg	Point fighting Male Kids 7-11 years 06. -25kg 07. -30kg 08. -35kg 09. -40kg 10. -45kg 11. +45kg	Point fighting Female Cadets 12 - 14 years 12. -40kg 13. -45kg 14. -50kg 15. -55kg 16. +55kg	Point fighting Male Cadets 12 - 14 years 17. -40kg 18. -45kg 19. -50kg 20. -55kg 21. -60kg 22. +60kg	Point fighting Female Juniors 15 -17 years 23. -50kg 24. -55kg 25. -60kg 26. +60kg	Point fighting Male Juniors 15 -17 years 27. -60kg 28. -65kg 29. -70kg 30. -75kg 31. -80kg 32. +80kg	Point fighting Women Adult over18 age 33. -55kg 34. -60kg 35. -65kg 36. +65kg	Point fighting Men Adult over 18 age 37. -60kg 38. -65kg 39. -70kg 40. -75kg 41. -80kg 42. -85kg 43. -90kg 44. +90kg	Point fighting Veteran over +36 age and +46 age. Woman 45. -65 kg 46. +65 kg Veteran Men 47. -75 kg 48. +75 kg	
Lightcontact Lightkontakt Female Kids 7-11 years Mix Bambino to 6 age classification on site 49. -25kg 50. -30kg 51. -35kg 52. -40kg 53. +40kg	Lightkontakt Male Kids 7-11 years 54. -25kg 55. -30kg 56. -35kg 57. -40kg 58. -45kg 59. +45kg	Lightkontakt Female Cadets 12 - 14 years 60. -40kg 61. -45kg 62. -50kg 63. -55kg 64. +55kg	Lightkontakt Male Cadets 12 - 14 years 65. -40kg 66. -45kg 67. -50kg 68. -55kg 69. -60kg 70. +60kg	Lightkontakt Female Juniors 15 -17 years 71. -50kg 72. -55kg 73. -60kg 74. +60kg	Lightkontakt Male Juniors 15 -17 years 75. -60kg 76. -65kg 77. -70kg 78. -75kg 79. -80kg 80. +80kg	Lightkontakt Women Adult over 18 age 81. -55kg 82. -60kg 83. -65kg 84. +65kg	Lightkontakt Men Adult over 18 age 85. -60kg 86. -65kg 87. -70kg 88. -75kg 89. -80kg 90. -85kg 91. -90kg 92. +90kg	Lightkontakt Veteran over +36 age and +46 age. Woman 93. -65 kg 94. +65 kg Veteran Men 95. -75 kg 96. +75 kg	
Kick Light Kick Light Female Kids 7-11 years Mix Bambino to 6 age classification on site 97. -25kg 98. -30kg 99. -35kg 100. -40kg 101. +40kg	Kick Light Male Kids 7-11 years 102. -25kg 103. -30kg 104. -35kg 105. -40kg 106. -45kg 107. +45kg	Kick Light Female Cadets 12 - 14 years 108. -40kg 109. -45kg 110. -50kg 111. -55kg 112. +55kg	Kick Light Male Cadets 12 - 14 years 113. -40kg 114. -45kg 115. -50kg 116. -55kg 117. -60kg 118. +60kg	Kick Light Female Juniors 15 -17 years 119. -50kg 120. -55kg 121. -60kg 122. +60kg	Kick Light Male Juniors 15 -17 years 123. -60kg 124. -65kg 125. -70kg 126. -75kg 127. -80kg 128. +80kg	Kick Light Women Adult over 18 age 129. -55kg 130. -60kg 131. -65kg 132. +65kg	Kick Light Men Adult over 18 age 133. -60kg 134. -65kg 135. -70kg 136. -75kg 137. -80kg 138. -85kg 139. -90kg 140. +90kg	Kick Light Veteran over +36 age and +46 age Woman 141. -65 kg 142. +65 kg Veteran Men 143. -75 kg 144. +75 kg	
Forms Mix Bambino to 6 age (Classification on site) Forms Mix Female / Male Kids 7 -11 years 145. Softstyle 146. Hardstyle (Koreans) 147. Hardstyle (Japanese)	Forms Female / Male Cadets 12 -14 years 148. Softstyle 149. Hardstyle (Koreans) 150. Hardstyle (Japanese) 151. Kempo 152. Weapons: no music 153. Freestyle: with music 154. Weapons: with music	Forms Women / Men Juniors 15 - 17 years 155. Softstyle 156. Hardstyle (Koreans) 157. Hardstyle (Japanese) 158. Kempo 159. Weapons: no music 160. Freestyle: with music 161. Weapons: with music	Forms Women / Men Adults over 18 years 162. Softstyle 163. Hardstyle (Koreans) 164. Hardstyle (Japanese) 165. Kempo 166. Weapons: no music 167. Freestyle: with music 168. Weapons: with music	Synchron Forms 169. -17 yrs Synchron 170. +18 yrs Synchron <u>Veteran</u> over 36-45 years <u>Veteran</u> over +46 years 171. Hardstyle 172. Softstyle 173. Weapons: no music					
Self- Defense 174. -12 yrs Realistic s-d 175. -17 yrs Realistic s-d 176. +18 yrs Realistic s-d 177. -12 yrs Show s-d 178. -17 yrs Show s-d 179. +18 yrs Show s-d In self-defense, 5 attacks are defended: fist,foot Stranglehold, knife and stick attack	Breaking (boards) 180. 7 - 11 yrs (Kids) 181. 12 - 14 yrs (Cadets) 182. 15 - 17 yrs (Juniors) 183. +18 yrs (Adults) 184. +36 yrs (Veteran) It will breaking test Boards available Provided plastic	(Forms for occupancy of more than five starters in one category will separate the categories in male and female)	Kickboxing-K-I	K-I Rules Mix Bambino to 6 age classification on site * Kids up to 11 years No techniques to the head	K-I Rules Female Kids 7-11 years 185. -25kg 186. -30kg 187. -35kg 188. -40kg 189. +40kg	K-I Rules Male Kids 7-11 years 190. -25kg 191. -30kg 192. -35kg 193. -40kg 194. -45kg 195. +45kg	K-I Rules Female Cadets 12 - 14 years 196. -40kg 197. -45kg 198. -50kg 199. -55kg 200. +55kg		
K-I Rules Male Cadets 12 - 14 years 201. -40kg 202. -45kg 203. -50kg 204. -55kg 205. -60kg 206. +60kg	K-I Rules Female Juniors 15 -17 years 207. -50kg 208. -55kg 209. -60kg 210. +60kg	K-I Rules Male Juniors 15 -17 years 211. -55kg 212. -60kg 213. -65kg 214. -70kg 215. -75kg 216. -80kg 217. +80kg	K-I Rules Women Adult over 18 age 218. -55kg 219. -60kg 220. -65kg 221. +65kg	K-I Rules Men Adult over 18 age 222. -60kg 223. -65kg 224. -70kg 225. -75kg 226. -80kg 227. -85kg 228. -90kg 229. +90kg	Grappling	Grappling Female Kids 7-11 years 230. -25kg 231. -30kg 232. -35kg 233. -40kg 234. +40kg	Grappling Male Kids 7-11 years 235. -25kg 236. -30kg 237. -35kg 238. -40kg 239. -45kg 240. +45kg	Grappling Female Cadets 12 - 14 years 241. -40kg 242. -45kg 243. -50kg 244. -55kg 245. +55kg	Grappling Male Cadets 12 - 14 years 246. -40kg 247. -45kg 248. -50kg 249. -55kg 250. -60kg 251. +60kg
Grappling Female Juniors 15 -17 years 252. -50kg 253. -55kg 254. -60kg 255. +60kg	Grappling Male Juniors 15 -17 years 256. -60kg 257. -65kg 258. -70kg 259. -75kg 260. -80kg 261. +80kg	Grappling Women Adult over 18 Age 262. -55kg 263. -60kg 264. -65kg 265. +65kg	Grappling Men Adult over 18 age 266. -60kg 267. -65kg 268. -70kg 269. -75kg 270. -80kg 271. -85kg 272. -90kg 273. +90kg	Grappling Veteran over +36 age and +46 age. Woman 274. -65 kg 275. +65 kg Veteran Men 276. -75 kg 277. +75 kg	MMA	MMA Light Female Juniors 15 -17 years 278. -50kg 279. -55kg 280. -60kg 281. +60kg	MMA Light Male Juniors 15 -17 years 282. -60kg 283. -65kg 284. -70kg 285. -75kg 286. -80kg 287. +80kg	MMA Amateur Women Adult over 18 age 288. -55kg 289. -60kg 290. -65kg 291. +65kg	MMA Amateur Men Adult over 18 age 292. -60kg 293. -65kg 294. -70kg 295. -75kg 296. -80kg 297. -85kg 298. -90kg 299. +90kg

The organizer reserves the right to combine or extend classes!!

If only one fighter is registered in a category, these fighters are automatically upgraded to a category